

Awareness of and attitudes towards digital solutions in medicine among different healthcare professionals



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Background

- Heart failure (HF) poses a complex and costly treatment challenge
- Innovative technologies may provide a necessary solution
 - Potentially increasing HF-patients' quality and quantity of life
 - Mitigate unnecessary physician visits
 - Saving patients time and healthcare costs
- Purpose: Explore awareness of and attitudes towards digital solutions in medicine, as well as facilitators and barriers to clinical adoption from healthcare professionals' (HCP) perspective

Demographics

- Sex of participants: † 16 † 13
- Age: Majority between 45-54 years
- Profession/Specialization:
 Most were general practitions

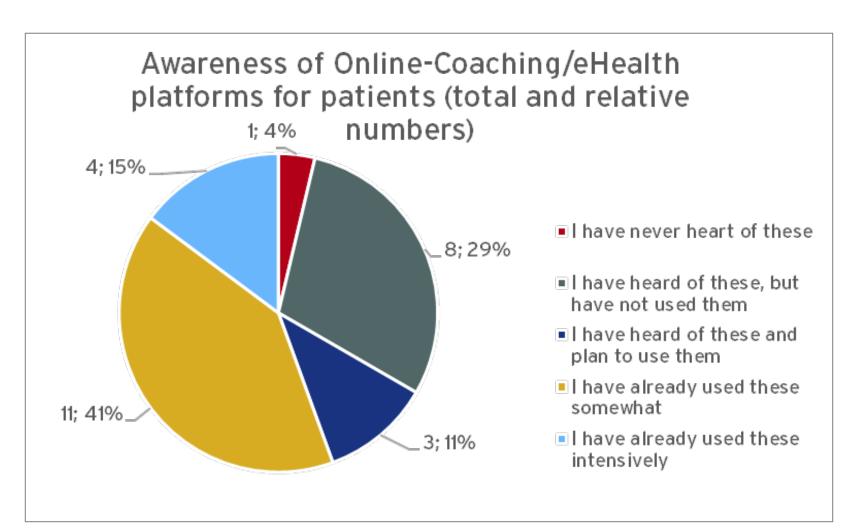
Most were general practitioners, cardiologists, or HF-nurses (each n=6) with specializations in general medicine, internal medicine, or cardiology

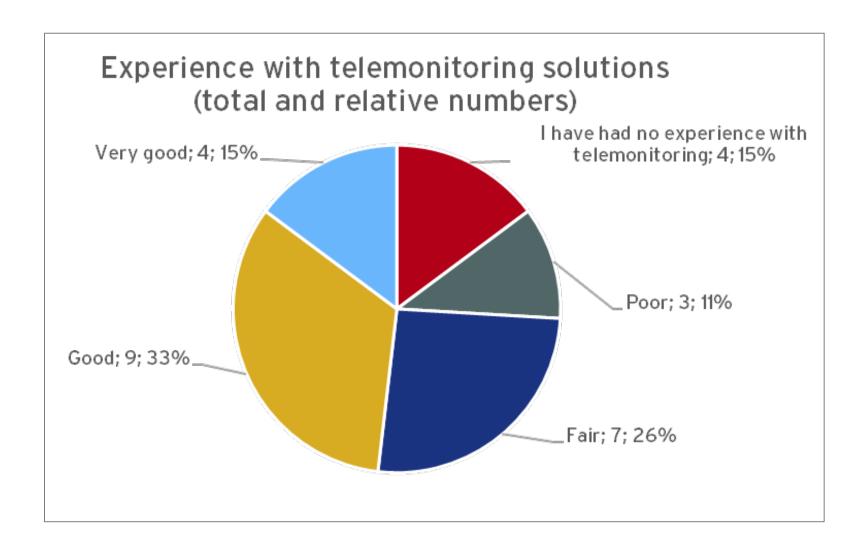
• Mean work experience in HF-care: 14,5 years (± 10,3)

Age of participants per country 5 4 4 4 4 5 2 2 1 0 25-34 35-44 45-54 55-64 >65 • DE (n=10) • IRL (n=9) • NL (n=8)

Awareness of digital solutions

- Most HCPs had experience with eHealth platforms for patients, e.g., apps assisting patients with disease management
- Less than half had previously used telemonitoring systems
- About half lacked experience with Decision Support Systems (DSS)





Disclosure Statement:

The following companies are part of the PASSION-HF

consortium: Sananet, Exploris, Nurogames

Methods

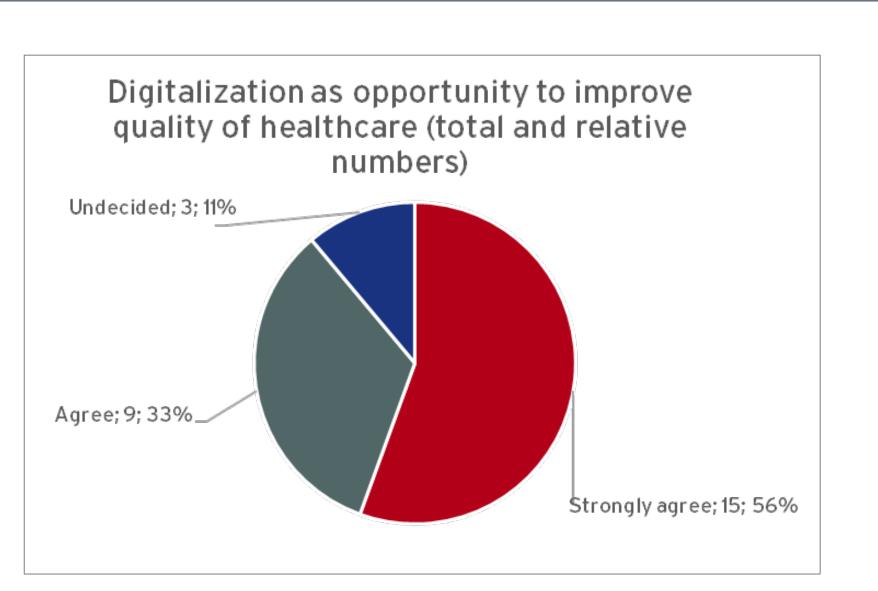
- Three virtual World-Café-workshops with HCPs from Germany (DE), Ireland (IRL), and the Netherlands (NL) organized in three consecutive 15-minute discussion rounds
 - Acceptance: Advantages/benefits and shortcomings/risks
 - Facilitators and Barriers
 - Needs: Needs/vision and transfer
- Documentation: Electronic audio recording and written notes
- Online questionnaire covering personal data, professional information, attitudes towards digitization, and familiarity with digital solutions
- Analysis: Qualitative (topic clustering) and quantitative analysis (descriptive statistics)

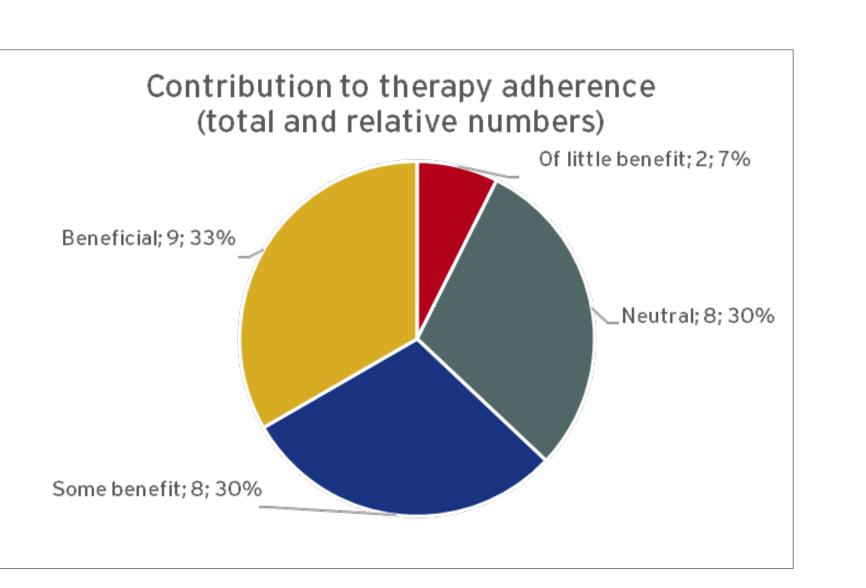
Attitudes towards digitalization

- 90% of HCPs saw digitalization as opportunity or somewhat of an opportunity for delivering healthcare and to improve quality of care
- In IRL and NL, digitization is seen as more of a risk than in DE
- 2/3 believed digital solutions could be beneficial to improve therapy adherence and management

Conclusion

- Only minimal overlaps between the statements mentioned in the different countries
- Participants had a positive attitude towards digitalization, recognizing its potential to improve quality of care, adherence, and therapy management
- Successful implementation: DSS and HF-apps must facilitate care processes and not cause additional workload
- Possible benefits:
 - Maximize the benefit in everyday HF-care
 - Overcome challenges posed by limited resources
 - Ensure sustained improvements for patients





Facilitators

Saving resources

- Fewer medical consultations and use of health services
- Transparency
- Interoperability
- Connection to other devices and practice system
- Integration with electronic health records
- More individualized treatment while emphasizing guidelinebased treatments
- More information than in everyday care, e.g., availability of data trends

Barriers

- Additional workload for HCPs
- Data safety and privacy issues
- Limited health and/or digital competency of users
- Too much information at a time
- Technology should support and not annoy
- Data reliability with self-entry
- Use of multiple apps is not realistic
- Loss of motivation and interest with long-term use



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